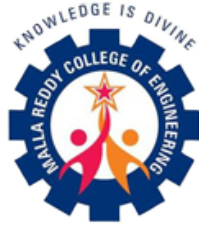


MALLA REDDY COLLEGE OF ENGINEERING



A REPORT ON **ORIENTATION & INDUCTION PROGRAMME**

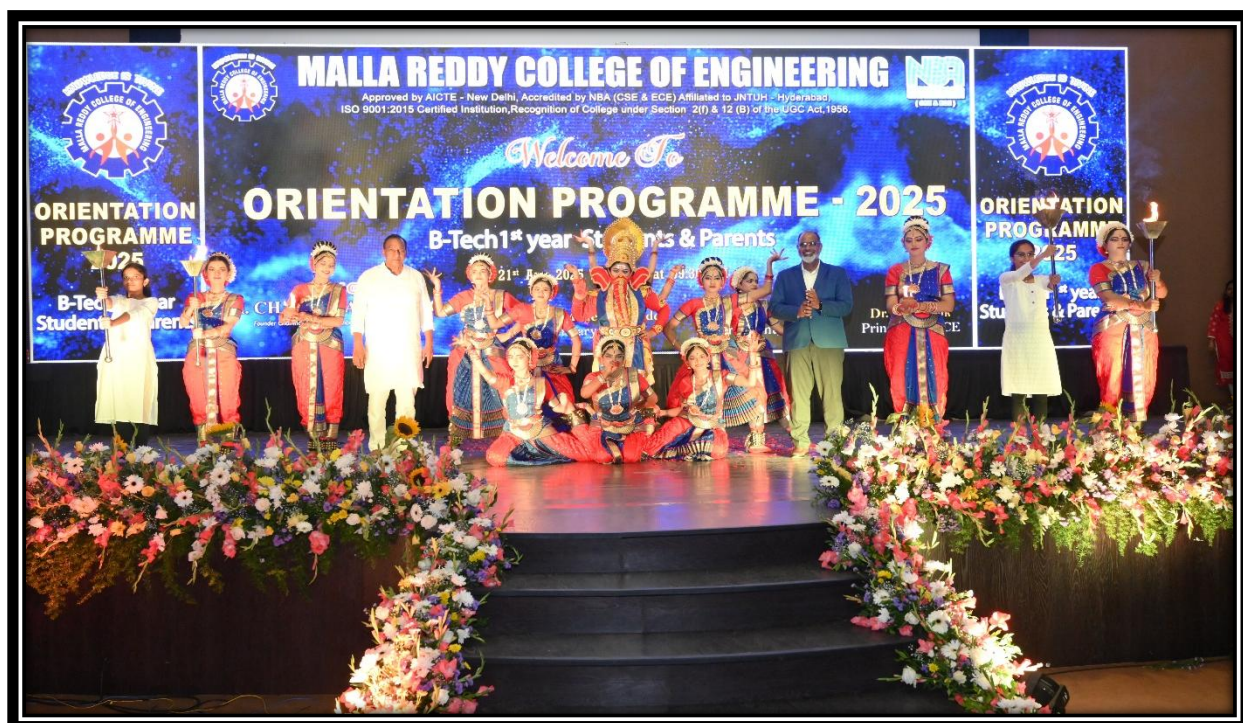
2025 – 2026



**DEPARTMENT OF
HUMANITIES AND SCIENCES**

Malla Reddy College of Engineering has conducted the Orientation Programme 2025 on 21 August, 2025 in Einstein Block for the academic year 2025-26. The Programme started with a classical dance and is followed by a power striking performance on Operation Sindoor.

The stage came alive with a classical dance performed by the 2nd year students that beautifully combined traditional elements with youthful energy. The dancers, in vibrant costumes, moved in sync to instrumental music, their expressions conveying themes of unity, knowledge, and fresh beginnings. The coordination, poise, and emotional engagement of the performers set a gracious and inspiring tone for the day, reflecting the cultural richness and talent nurtured by the college.



The second performance of the day, titled “*Operation Sindoor*,” was a powerful and patriotic portrayal that paid tribute to the valor and sacrifice of India’s soldiers guarding the nation’s frontiers. The act featured students dressed in army uniforms, enacting scenes that reflected courage, unity, and national pride. Against the backdrop of the Indian tricolour and stirring music, the performance recreated moments of heroism from the battlefield, reminding the audience of the selfless service of our armed forces. The synchronized formations, disciplined movements, and emotional expressions of the performers stirred a deep sense of respect and gratitude among the spectators. The tableau concluded with the unfurling of the



national flag, symbolizing victory, resilience, and devotion to the motherland. It was not merely a performance but a heartfelt salute to the real heroes of the nation — our soldiers.

Ch. Malla Reddy, Chairman, MGRI (Malla Reddy Group of Institutions), a distinguished entrepreneur and Member of the Legislative Assembly (MLA) from Telangana, recently addressed an orientation program, sharing a compelling narrative of his life's journey. His story, marked by persistent challenges, rigorous self-discipline, and relentless hard work, resonated deeply with the audience. Reddy emphasized that success is not instantaneous but the product of consistent effort, determination, and focus.



What made his speech particularly impactful was his insightful connection between his principles and the rise of Artificial Intelligence (AI). He underscored how the rapid advancements in AI technology are transforming industries and society at large. Drawing parallels between his personal journey and the evolution of AI, he highlighted that just as

perseverance and discipline have been key to his success, adapting to and embracing AI requires a similar mindset of continuous learning and resilience.

Malla Reddy sir pointed out that AI represents a powerful tool capable of solving complex problems and driving innovation, but it demands diligence and ethical responsibility from its users. He encouraged the audience to view AI not as a threat but as an opportunity for growth, urging them to develop skills that complement AI technology and to remain steadfast in their goals amidst this changing landscape.



Beyond his entrepreneurial achievements, his philanthropic efforts, including founding educational institutions for underprivileged communities, reflect his commitment to inclusive development. The speech by Malla Reddy sir was a motivating call to combine personal dedication with technological progress, inspiring attendees to embrace the future with confidence and perseverance.

Ch. Bhadra Reddy, Secretary of the Malla Reddy Group of Institutions (MGRI), spoke about the group's strong commitment to serving society through quality education, accessible healthcare, and technological innovation. He highlighted how MGRI's network of medical colleges and hospitals plays a vital role in delivering affordable medical services to communities, especially the underprivileged, while training skilled and compassionate healthcare professionals. Under his guidance, MGRI has grown into a respected hub for medical and technical education, emphasizing academic rigor, ethical practice, and community engagement. He noted that the group's hospitals provide excellent clinical care and practical learning opportunities for students.



Ch. Bhadra Reddy also addressed the rising influence of Artificial Intelligence across medical institutions and technical education. He emphasized AI's potential to revolutionize diagnostics, personalized treatment, and overall patient care. Furthermore, he highlighted MGRI's proactive integration of AI technologies into its medical and technical curricula, ensuring students are equipped with cutting-edge skills. This approach keeps MGRI at the

forefront of innovation while continuing its mission to provide socially responsible and effective education and healthcare.

Dr. M. Ashok, Principal of Malla Reddy College of Engineering, addressed new students and their parents during the orientation program, emphasizing the critical responsibilities each must undertake. He highlighted that students are primarily responsible for their own learning and must be proactive—attending classes regularly, actively participating, and completing assignments on time. Dr. Ashok detailed the multifaceted roles students must embrace throughout their B.Tech. journey, stressing the importance of each role in achieving a comprehensive educational experience.



He also outlined the extensive rules and regulations that students must adhere to during the four-year Bachelor of Technology program. These guidelines are designed not only to ensure smooth academic and professional development but also to instill discipline essential for future success. The principal's detailed exposition aimed to prepare students for both the challenges and achievements they will encounter on their path to technical excellence and personal growth.



In addition to academic responsibilities, Dr. Ashok encouraged students to set clear goals and work diligently toward them. He stressed the importance of seeking help when needed while cultivating independence and self-sufficiency. Addressing parents, he urged them to stay actively involved in their children's education, monitor their progress, and provide a positive learning environment that fosters good study habits.

Dr. Ashok's speech served as a timely reminder of the collaborative effort required between students, parents, and teachers to create a supportive environment conducive to learning and success. Finally, he explained the latest 2025 rules and regulations of JNTUH, ensuring that everyone was well-informed of the current academic framework governing their education. Through this comprehensive address, Dr. Ashok set a foundation for a disciplined, goal-oriented, and collaborative approach to the students' academic journey, emphasizing that the combined efforts of students, parents, and faculty are essential for realizing both academic and personal growth.

Some e more glimpses...



REPORT ON INDUCTION PROGRAMME

Report on Induction Program

Conducted by the Department of Humanities and Sciences,

The Department of Humanities and Sciences at Malla Reddy College of Engineering conducted a **five-day Induction Program** for first-year students from **22nd to 26th August, 2025**. The program was designed to provide a holistic initiation into the academic, cultural, and value-based environment of the institution. It featured interactive lectures, motivational sessions, cultural explorations, and practical workshops, aimed at nurturing confidence, creativity, discipline, and ethical responsibility among students.

Event 1: A Talk on “Empathise Global Culture” by Dr. M Rehman

The session titled *Empathise Global Culture*, was conducted by **Dr. Rehman Mohammed** in the Main Block Seminar Hall on 22nd August 2025. He emphasized the importance of empathy in understanding diverse cultures and traditions across the globe. He explained that in an interconnected world, cultural awareness is not merely an academic requirement but an essential life skill.



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Students were introduced to examples of intercultural communication and the challenges that arise due to cultural differences. The session sparked thoughtful discussions on inclusivity, tolerance, and cross-cultural harmony. Many students expressed that the session broadened their perspectives and made them more sensitive to the values of global citizenship. Dr. Rehman Mohammed also highlighted how empathy fosters meaningful intercultural dialogue by helping individuals move beyond stereotypes and preconceived judgments.

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Event 2: Igniting Excellence: A Motivational Initiative by Mr N. Arjun

The Induction Program commenced with an inspiring session on *Motivational Activity* conducted by **Mr. N. Arjun** in Block-A Seminar Hall. This event was specially curated to energize and engage the freshers in their new academic journey. Mr. Arjun highlighted the importance of setting personal goals and cultivating a positive mindset. Through interactive games and activities, students were encouraged to recognize their strengths, overcome their fears, and work collaboratively.



The session also stressed the importance of resilience and perseverance in both academic and personal life. Students shared their thoughts and experiences during the activities, which created a bond of mutual trust and camaraderie. The motivational event not only helped students boost their confidence but also instilled in them the spirit of teamwork and determination, laying a strong foundation for the rest of the program.

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Event 3: *Critical Thinking and Literary Event by H&S Literary Club*

The day began with a thought-provoking session on *Critical Thinking and Literary Event* led by **Dr. Hassan, Ms. P. Anuradha, and Mr. N. Arjun**. The faculty members engaged the students with activities designed to sharpen analytical reasoning and enhance literary appreciation. Dr. Hassan demonstrated some activities with the help of illusional pictures to the students and the students were asked to 'read' the picture, decode the meaning and express their understanding out of it. Ms. P Anuradha explained the importance of critical thinking as a skill that goes beyond academics, helping individuals make sound decisions in life.



Students were also exposed to creative writing tasks, debates, and short literary discussions, where they were encouraged to think beyond the obvious and articulate their ideas with clarity. The session successfully demonstrated how literature and critical

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thinking can go hand-in-hand in shaping well-rounded personalities. Students found the event intellectually stimulating and creatively enriching. As the session progressed, the learners were guided through a series of intellectually stimulating tasks that encouraged them to observe details, question assumptions, and articulate ideas with clarity. The visual interpretations introduced earlier by Dr. Hassan became a foundation for deeper analytical engagement, prompting students to look beyond first impressions. They explored how imagery can convey hidden messages, evoke emotions, and trigger multiple interpretations depending on the viewer's perspective. This approach allowed them to recognise the value of thoughtful examination and the importance of considering different angles before arriving at conclusions. The activities fostered a space where open dialogue and reflective responses were encouraged, helping students gain confidence in expressing their viewpoints.



In the concluding segment, the emphasis turned toward connecting higher-order thinking with everyday decision-making. The faculty highlighted that critical inquiry is not limited to literary study but is a crucial tool for navigating real-life situations with maturity and insight. Students were encouraged to reason independently, evaluate information carefully, and develop the habit of questioning constructively. Through collaborative discussions, they practised listening with intent, responding thoughtfully, and refining their arguments. The session reinforced the understanding that nurturing a critical mindset contributes to better judgement, academic excellence, and a more informed outlook on the world.

Event 4: Mindful Reset: Meditation for Well-Being by Mr. Vijay Mohanti

Following the literary event, the program shifted to a calming and rejuvenating session on *Meditation by Heartfulness*, conducted by **Mr. Vijay Mohanti** and **Mr. D. Srinivas** in Block-A Seminar Hall. This session introduced students to practical meditation techniques that can help in managing stress, improving concentration, and achieving emotional balance. This part of the event created a calm and reflective atmosphere, offering students a much-needed pause from their academic rhythms. The trainers introduced the concept of Heartfulness meditation, explaining its foundation in inner awareness, conscious relaxation, and emotional clarity. They highlighted how meditation acts as a powerful tool to stabilise the mind, reduce anxiety, and nurture mental well-being—especially crucial for young learners navigating academic challenges.



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They guided the students through simple breathing exercises and mindfulness practices. Many participants reported feeling refreshed and relaxed after the session. The importance of integrating meditation into daily routines was stressed, especially for students facing academic pressure. This event underscored the value of inner calmness in achieving external success.

The session began with guided breathing practices, allowing students to settle into a state of quiet focus. Step by step, the facilitators demonstrated simple techniques designed to calm the nervous system and centre one's thoughts. Participants were encouraged to observe their breathing patterns, detach from distracting thoughts, and gently redirect their attention inward. As the session progressed, students experienced a noticeable shift in their energy levels, many expressing a sense of renewed calmness and mental lightness.



The trainers further emphasised the value of integrating these practices into daily routines, noting that even a few minutes of meditation can significantly enhance clarity, productivity, and emotional balance. They also explained how sustained mindfulness can help individuals develop patience, better decision-making skills, and resilience during stressful situations. The event not only introduced students to practical meditation methods but also reinforced the idea that true success is grounded in harmony between the mind and body. By the end of the session, the participants left with an enriched understanding of inner stillness and how cultivating tranquillity contributes to overall personal and academic growth.

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Event 5: Anti-Ragging Awareness Session by Dr. Madhavi

The afternoon session, *Anti-Ragging Awareness*, was conducted by **Dr. Madhavi, Anti-Ragging Convener at MRCE**, in the Main Block Seminar Hall. This was a crucial event



aimed at sensitizing the students about maintaining discipline, mutual respect, and a safe campus environment. Dr. Madhavi highlighted the legal provisions against ragging and the strict measures taken by the institution to prevent such incidents.



The session included case studies, real-life examples, and open discussions with students, which helped them understand the seriousness of the issue. The emphasis was placed on fostering healthy peer relationships and creating an inclusive learning environment. Students actively participated by asking questions and clarifying their doubts about institutional policies and support systems.

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Event 6: *Meditation by Heartfulness* Mr. D. Srinivas

An effective session on *Meditation by Heartfulness*, conducted by **Mr. D. Srinivas**. Building on the earlier practice, Mr. Srinivas introduced deeper meditation techniques that focused on concentration and emotional resilience. The session helped students connect with themselves and realize the importance of mindfulness in personal and professional growth.



Several students expressed that meditation helped them feel more balanced and prepared to face the challenges of academic life. The repeat session ensured that meditation became a practice rather than a one-time activity, encouraging students to cultivate it as a lifelong habit.

Event 7: Balanced Nutrition for Young Adults by Dr. Sanjana, AIG

Later in the afternoon, **Dr. Sanjana, Clinical Nutritionist at AIG**, delivered an informative session on *Balanced Nutrition for Young Adults* in the Main Block Seminar Hall. She highlighted the role of nutrition in maintaining physical health, mental well-being, and academic performance.



Students were educated about healthy eating habits, the importance of balanced diets, and the dangers of processed foods and irregular lifestyles. Practical tips were shared on how students can plan their meals despite their busy schedules. The session was highly interactive, with students asking questions about their diet and lifestyle choices.

Event 8: *Centering the Mind, Empowering the Self* by Mr. D. Srinivas

The fourth day also featured a continuation of *Meditation by Heartfulness*, conducted once again by **Mr. D. Srinivas**. By this time, students were more familiar with the practice, and the facilitator guided them into advanced techniques for sustained focus and self-regulation.



The session reinforced the connection between mental peace and academic excellence. Many students shared feedback that regular meditation helped them feel more confident and less anxious about their studies and future. This repetition ensured that the habit of meditation was firmly planted in their daily routines.

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Event 9: A Talk on *Human Values and Education* by Dr. G. Shankar

The final session of the induction program, *Human Values and Education*, was delivered by **Dr. G. Shankar, Social Psychologist**, in the Main Block Seminar Hall. This concluding lecture provided students with insights into the role of values in education and life. Dr.



Shankar stressed that academic excellence must go hand in hand with moral responsibility and social ethics.

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of ethics in professional success. Students expressed that this session left a lasting impression and helped them realize the broader purpose of education.

Conclusion

The Induction Program at Malla Reddy College of Engineering was a holistic blend of motivational activities, intellectual stimulation, meditation practices, nutritional awareness, and value-based education. Each session was carefully designed to address different aspects of student development, ensuring that participants entered their academic journey with confidence, balance, and purpose.



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